

St. Gregory the Great Parish

10 St. Gregory Drive, Cambridge, Ontario N1S 3Z1

NEWS – July 19th, 2026

A Message From Our Pastor

If we truly love the Lord, we will speak His words. If we truly love others, we will lovingly tell them the truth, even when society says we should remain silent. Think for a moment: who benefits when the truth is hidden?

Jesus never told us to keep the truth to ourselves. Instead, He said, *“What I say to you in the dark, tell in the light; what you hear whispered, proclaim from the housetops.”* (Matthew 10:27) He knew that speaking the truth would sometimes bring opposition. That is why He also told His disciples not to be afraid of those who can kill the body but cannot kill the soul.

The Gospel is alive. It is living, moving, and life-giving. Like love, it cannot be hidden or contained. Jesus wants the Good News to be proclaimed to the ends of the earth. This mission is not one we should take lightly. We are called to share His love with courage and conviction, setting hearts on fire with Christ’s love here in Cambridge, Ontario, and wherever God sends us.

Think of someone standing in the middle of a busy street, unaware that a vehicle is coming. You would not stay silent. You would call out for them to move. If necessary, you would even pull them to safety, knowing they might be startled or even upset at first. Later they would understand that you acted because you cared enough to save their life.

In the same way, speaking the truth of Christ is an act of love. It is not about winning arguments or proving ourselves right. It is about caring for the eternal well-being of others. Sometimes speaking the truth is difficult, but remaining silent when someone needs to hear the Gospel may mean missing an opportunity to lead them closer to Christ.

This kind of witness takes courage. Courage grows as we deepen our relationship with God and allow His truth to shape our lives. St. John the Baptist remained faithful even when it cost him his freedom and, eventually, his life. He knew that earthly suffering was temporary, but the joy of eternal life with God would never end.

St. Paul encourages us: *“Proclaim the word; be persistent whether it is convenient or inconvenient; convince, rebuke, and encourage with the utmost patience and teaching.”* (2 Timothy 4:2) May we be so filled with the light of Christ that we cannot help but speak the truth with love, trusting that God will guide our words and our actions. Then we will truly rise and shine like the light of a new day.

Here is a simple story: A young student saw a classmate being blamed for something he did not do. Although he was afraid of being laughed at, he stood up and told the truth. His honesty cleared the innocent student’s name and brought peace to the classroom. Later, his teacher quietly thanked him for choosing courage over comfort. Like that student, we are all called to speak the truth with love, even when it is difficult. When we speak the truth boldly, we become witnesses to Christ, who is the Truth.

The question for each of us is this:

Am I ready to speak the truth as Jesus asks me to?

May our words always reflect honesty, courage, and the love of God.
May Our Lady of Mt. Carmel, St. Gregory the Great, all Carmelite Saints
continue to intercede for us!

Fr. Israel Gonsalves OCD, Pastor.



Saturday Confessions: 3:45pm to 4:30pm. (just before Mass)

Coffee Fellowship: Please join us after Mass

Office will be closed – Tuesday, July 21 – Friday, July 24 – as Maria will be on Vacation

July 25, 2026 -- 2,000 Hail Mary's starting with Mass at 8:00am

Fr. Israel is available to bless your home, car, etc. Give the office a call to make arrangements

YOUNG ADULTS NIGHT Fr. John Ha, our new Vocations Director, invites all young adults (ages 20s and 30s) to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night with vocations testimony (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, August 1st at St. Catherine of Siena Church (620 Rymal Road East, Hamilton, Ontario). Sponsored by the Vocations Office of the Diocese of Hamilton:

<https://hamiltondiocese.com/vocations/> For more info. contact: vocations@hamiltondiocese.com.

PARENTING TIP OF THE MONTH The expression “the family that prays together stays together” is one that most people have heard. Popular sayings make sense when we see the truth in them, but this one is backed up by research! When we pray together at home (before meals, before bed, in the morning) and attend Mass, we are connecting on a deep level that helps a family have increased unity. So, enjoy the more relaxed summer days and holidays, but don't let prayer and attending Mass take a holiday because their benefits are a wonderful addition to this great season!



Tuesday, July 21

7:00 pm + Joan McGinnis
+ Eleuteria Almazan
Int. of Salvador Mancia

Wednesday, July 22

8:15 am Int. of Bernadette and Todd

Thursday, July 23

8:15 am + Joan McGinnis and family

Friday, July 24

8:15 am + Maria Vollmer and Family

Saturday, July 25

8:00 am 2,000 Hail Mary's

5:00 pm + Jozef Konyari
+ Abel Avelar
+ Albino Andrade
+ Fr. Claudio Medeiros
+ Roberto Barbosa and family
Int. of Elisa Mejia Mancia

Sunday, July 26

10:00 am Int. of all Parishioners