

Saint Gregory the Great Parish

A Catholic Community of Faith in Cambridge since 1967

Most Holy Trinity

May 31, 2026



CONTACT

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Phone: 519-623-3111

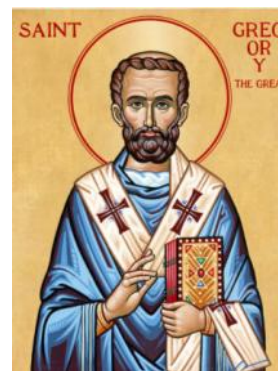
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PAR-

PASTORAL AND SUPPORT TEAM

Fr. Khalid Karomi

Deacon Neil Devereaux

ndevereaux@hamiltondiocese.com

Mrs. Maria Ditner, Administrative Assistant

Mr. Kevin Boulton, Custodian

MASS SCHEDULE

Lord's Day

Saturday @ 5:00 pm

Sundays @ 10:00 am

Weekdays

Tuesday @ 7:00 pm

Wednesday Thursday & Friday @ 8:15 am

DEVOTIONS

Adoration of the Blessed Sacrament

Tuesday—6:00pm—6:45 pm

Rosary

Sunday @ 9:30 am

Tuesday @ 6:20 pm

Saturday @ 4:30 pm

Divine Mercy Chaplet

Tuesday @ 6:00 pm

Blessing of Expectant Parents

Fourth Sunday of the month following Mass

PARISH OFFICE HOURS

Monday: Closed

Tuesday — Friday: 8:30am—4:30pm

SACRAMENTS

Baptism: Please call to arrange the appropriate preparation at least two months in advance.

Reconciliation:

Saturdays 10:00 am — 10:30 am

Tuesdays 6:00 pm — 6:30 pm and by appointment.

First Holy Communion & Confirmation:

Please contact the Parish Office 519-623-3111

Marriage: Please contact the office at least one year in advance of expected date.

Holy Orders :

Contact Fr. Khalid Karomi at the Parish Office or contact Fr. Mark Morley at the Diocese at 905-528-7988

Anointing of the Sick:

Please contact the Parish Office 519-623-3111

When entering a hospital please register as a member of St. Gregory's Parish. When confined at home, contact the parish.

Most Holy Trinity Sunday

Masses For The Week



Tuesday, June 2

7:00 pm + Liberal Resendes & Family
+Deceased Family of Fernanda Alves
Int. Luisa Ceron Reis
Int. for those in most need
Int. of the members of Our Lady Untier of Knots

Wednesday, June 3

8:15 am + Maria and Theo Vollmer & family

Thursday, June 4

8:15 am + Joan McGinnis

Friday, June 5

8:15 am - cancelled please attend Mass @ 11:00

11:00 am Catholic Home Schooled Students
+ Joan McGinnis

Saturday, June 6

5:00 pm + Clifford Lahey
+ Eric Lozano
Int. Ashly Hibbs
Int. Sandra Domski
Int. Jesse Flossbach
Int. Latesha Robinson
Int. Brooke Dickson

Sunday, June 7

10:00am Int. of all Parishioners

Pray for our Priests and Religious

Monday Rev. Msgr. Theodore Slaman
 Tuesday Rev. Gianluca Roso, M.C.C.J.
 Wednesday **Disalced Carmelite Fathers, O.C.D.**
 Thursday Rev. Edward Henfoeffer
 Friday Catholic Youth & Young Adults
 Saturday Rev. Sam Restivo, C.R.

Blessing Bottle Campaign

Join us as we support the Dawn Centre's Blessings Bottle Campaign. This campaign helps provide free compassionate care, accurate info. , and practical support to individuals navigating an unintended pregnancy in our community. Bottles found at the main entrance of the church. Fill the bottles with a cheque, cash or coins and Return by Father's day. Thank you

Sunday Offering

EFT weekly Collection..... \$ 845.75
 David Whitehead Foundation\$1,000.00
 May 24..... \$1,564.25

Thank you for your Generosity!

The Bible and the Virgin Mary
Journey through scripture
MARY AS YOU'VE NEVER SEEN HER



Join us Thursday, May 28th and Thursday, June 4th from 6pm—7pm here at the church. Enter by main doors.

Who is the Blessed Virgin Mary? Can you explain her role in God's plan for the world? Do you fully understand the vital role she plays in your life? Join us in this video journey and learn how Mary is woven into the fabric of Sacred Scripture and our lives.

First Friday Mass of the Month: Friday, June 5th, @ 11am for Home Schooled Children here at the church. Potluck Social after Mass. Join local Catholic homeschooling families. We would love for you to join us in Celebrating the Mass together and to have an opportunity for the kids and parents to socialize together. If you have been thinking about homeschooling or looking for a homeschooling community, please join us. Questions can be emailed to momtotsprayplay@gmail.com



Knights of Columbus Yard Sale:
Saturday May 30 @
St Mary of the Visitation

Parking Lot from 9am to 2pm.

Come support the K of C's good works

June is the month of the Sacred Heart of Jesus. We call to mind Christ's love for us, which is visible in a special way in the image of His pierced heart, and we pray that our own hearts might be conformed to His, calling us to love and respect all His people. **The Sacred Heart of Jesus lawn signs will once again be available to purchase. Cost is \$7 each. If you still wish to have one, visit the office.**

Pro-Life Prayer Vigil - Thursday June 4, 2026
10:00am—11:00am Opposite Freeport Hospital
3570 King St. E., Kitchener, for babies being aborted.

All are welcome to pray quietly for those who have no voice, but our own!

Parking - across the road, Schneider Park. Any queries, contact Cathy at: cmlamers@rogers.com

May 31, 2026

The mystery of the most Holy Trinity is a basic doctrine of Faith in Christianity, understandable not with our heads but with our hearts. It teaches us that there are three distinct Persons in one God, sharing the same Divine Nature, co-equal and co-eternal. Our mind cannot grasp this doctrine which teaches that $1+1+1 = 1$ and not 3. But we believe in this Mystery because Jesus, Who is God, taught it clearly, the Evangelists recorded it, the Fathers of the Church tried to explain it, and the Councils of Nicaea and Constantinople defined it as a dogma of Christian Faith.

All prayers in the Church begin in the Name of the Holy Trinity and end glorifying the Trinity. We are baptized, confirmed, anointed, our sins are forgiven, our marriage is blessed, and our Bishops, priests and deacons are ordained in the name of the Holy Trinity.

When Church bells ring thrice daily, they remind us to give glory to the Holy Trinity for the Incarnation of Jesus and His Redemption of all of us.

We bless ourselves, and the priest blesses us, in the Name of the Holy Trinity.

In John's Gospel, chapters 15–18, we have a detailed account of Jesus' teaching of the role of each Person of the Holy Trinity: a) God the Father creates and provides for His creatures. b) God the Son redeems us and reconciles us with God. God the Holy Spirit sanctifies us, strengthens us, teaches us, and guides us to God.

Life messages: Let us respect ourselves and others because everyone is the temple of the Holy Spirit. Let us have the firm conviction that the Trinitarian God abides in us, that He is the Source of our hope, courage and strength, and that He is our final destination. Let us practice the Trinitarian relationship of love and unity in the family relationships of father, mother, and children because by Baptism we become children of God and members of God's Trinitarian family. Frtonyshomilies.com

We are grateful for the David Whitehead Foundation's support of our church by their generous gift of \$1,000. Thank you

The Pope's Prayer Intention:

That everyone might have food: Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.



This month we are collecting:
Peanut Butter and Crackers
Iodized Salt, Shoes, Peanut Butter, Soap
and Flour Thank you !!!

CFFC is also in need of clean flattened milk bags. Milk bags are woven into mats which serve as beds for children in many countries. These mats prevent insects from getting into children's skins while they sleep. Thanks for your support.

FORMED Pick of the Week

Subscribe for free at Formed.Org Enter "Saint Gregory the Great, Cambridge" to find our Parish, Enter your name & email.



Join us in our second Corpus Christi Procession after Mass on Sunday, June 7, 2026—taking place inside the church.

The Eucharist is the source and summit of the whole Christian life. A consecrated host – that is, the real and substantial presence of Jesus Christ: body, blood, soul and divinity – is placed within a monstrance, which is then lifted and carried by a priest who leads the faithful in procession. Like a pilgrimage, a Eucharistic procession is a reminder to the Catholic faithful of their spiritual journey toward eternal life with God. It is a feast that was established in order to publicly adore, praise and thank the Lord, who continues 'to love us to the end,' even to offering us his body and his blood." By processing with the Holy Eucharist we serve as witnesses to the intimate presence of God in the world and in each other as we journey to eternal life with him.

Marian Days—First Saturdays from June—October at the Basilica of Our Lady Immaculate, Guelph. Format: 9am Holy Hour with morning prayer and confession. 10am Benediction 10:30am Holy Mass followed by an outdoor rosary procession.

June 6 - Bishop Matthew Ustrzycki; **July 4** - Bishop Wayne Lobsinger; **August 1** - Thomas Cardinal Collins; **September 5**—Bishop Wayne Lobsinger and **October 3**—Bishop Joseph Dabrowski

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Columbus Council#4916 contact Grand Knight
George Harris 519-621-3665

Our Parish Schools

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Saint Gregory
Sherrie Rellingher
Principal
519-621-6770

Saint Augustine
Bryan Cinti
Principal
519.740.3530

Secondary

Monsignor Doyle
Rich Stehlik,
Principal,
519.622.1290

*In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.
Lord Jesus, we humbly come before You,
seeking the profound unity that exists within
the Trinity.
May our hearts reflect the love and harmony
shared among the Father, Son, and Holy Spirit.
Help us to embody this divine unity in our
relationships, fostering peace and understanding
in our communities.
Guide us to be instruments of Your love,
drawing others closer to You. Amen.*