

Saint Gregory the Great Parish

A Catholic Community of Faith in Cambridge since 1967

2nd Sunday of Lent

March 1, 2026



LENT
Second Sunday

CONTACT

10 St Gregory's Drive
Cambridge, ON
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Phone: 519-623-3111

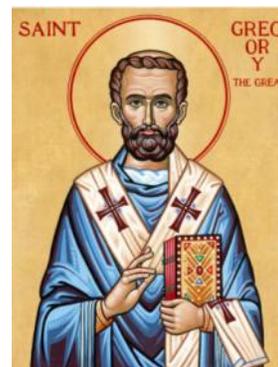
Fax: 519-622-5854

stgreg@rogers.com

pastor@saintgregoryparish.com

www.saintgregoryparish.com

www.hamiltondiocese.com



PASTORAL AND SUPPORT TEAM

Fr. Khalid Karomi

Deacon Neil Devereaux

ndevereaux@hamiltondiocese.com

Mrs. Maria Ditner, Administrative Assistant

Mr. Kevin Boulton, Custodian

MASS SCHEDULE

Lord's Day

Saturday @ 5:00 pm

Sundays @ 10:00 am

Weekdays

Tuesday @ 7:00 pm

Wednesday Thursday & Friday @ 8:15 am

DEVOTIONS

Adoration of the Blessed Sacrament

Tuesday—6:00pm—6:45 pm

Rosary

Sunday @ 9:30 am

Tuesday @ 6:20 pm

Saturday @ 4:30 pm

Divine Mercy Chaplet

Tuesday @ 6:00 pm

Blessing of Expectant Parents

Fourth Sunday of the month following Mass

SUBMISSIONS to the bulletin: TUESDAY AM

PARISH OFFICE HOURS

Monday: Closed

Tuesday — Friday: 8:30am—4:30pm

SACRAMENTS

Baptism: Please call to arrange the appropriate preparation at least two months in advance.

Reconciliation:

Saturdays 10:00 am — 10:30 am

Tuesdays 6:00 pm — 6:30 pm and by appointment.

First Holy Communion & Confirmation:

Please contact the Parish Office 519-623-3111

Marriage: Please contact the office at least one year in advance of expected date.

Holy Orders :

Contact Fr. Khalid Karomi at the Parish Office or contact Fr. Mark Morley at the Diocese at 905-528-7988

Anointing of the Sick:

Please contact the Parish Office 519-623-3111

When entering a hospital please register as a member of St. Gregory's Parish. When confined at home, contact the parish.

Visit us online www.saintgregoryparish.com

1st Sunday of Lent

Masses For The Week



Tuesday, March 3

7:00 pm + Jose Almazan
 + David Whitehead
 + Virginia Batista
 + Balbina and Jose Ferreira
 Int. of Wayne Whitehead and family

Wednesday, March 4

8:15 am + Emilia Fontes

Thursday, March 5

8:15 am + Telma Lobao

Friday, March 6

8:15 am - cancelled please attend Mass @ 11:00

11:00 am + Joan McGinnis

7:00 pm **STATION OF THE CROSS**

Saturday, March 7

5:00 pm + Heather Townsend
 + Joan McGinnis
 + Maria Vollmer
 + Edmundo Almeida
 + Archie McIntosh

Sunday, March 8

10:00 am Int. of all Parishioners

Pray for our Priests and Religious

Monday	Rev. Ambrose Tshiaba Ntumba
Tuesday	Rev. Andrew Lopatniuk
Wednesday	Society of African Missions. S.M.A.
Thursday	Very Rev. Msgr. Murray Kroetsch
Friday	World Day of Prayer
Saturday	Rev. Bernard (Mike) Francis



STATIONS OF THE CROSS SCHEDULE

Every Friday at 7:00pm, Friday's
 Mar 6, 13, 20 & 27



Sunday Offering

EFT weekly Collection..... \$ 825.75
 February 22 \$1,500.10

Thank you for your Generosity!

TAX RECEIPTS NOW AVAILABLE

2025 Tax Receipts are now available. They can be picked up in the Atrium (off the Parish Center) when attending Mass, or they can be picked up during office hours. Tuesday—Friday from 8:30am—4:00pm. Thank you once again for your generosity during the past year.

Fr. Khalid

K of C News: Support your council by buying tickets to the State 50/50 draw. Council 4916 receives 25% of the ticket sales. See poster at main entrance or visit kofc.org

World Day of Prayer 2026
 “I will Give you Rest, Come”
 Matthew 11:28-30



Date: Friday, March 6th at 2pm
 Where: St. Thomas the Apostle Anglican Church
 110 Francis Street (corner of Tait and Francis St.,)
 Building is fully accessible. In case of a “snow Event” the alternate date will be Friday, March 12 at 2pm. Service written and prepared by WDP Nigeria, and adapted for use in Canada by the Women’s Inter-Church Council of Canada

Pro-Life Prayer Vigil - Thursday, March 5, 2026, from 10:00am to 11:00am Opposite Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted.

All are welcome to pray quietly for those who have no voice, but our own!
 Parking - across the road, Schneider Park.
 Any queries, call Cathy cmlamers@rogers.com

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March 1, 2026

Listening and Fasting: Lent as a Time of Conversion, by Pope Leo XIV, continued
Fasting

If Lent is a time for listening, *fasting* is a concrete way to prepare ourselves to receive the word of God. Abstaining from food is essential on the path of conversion. Precisely because it involves the body, fasting makes it easier to recognize what we “hunger” for and what we deem necessary for our sustenance. Moreover, it helps us to identify and order our “appetites,” keeping our hunger and thirst for justice alive and freeing us from complacency. Saint Augustine observed that: “In the course of earthly life, it is incumbent upon men and women to hunger and thirst for justice, but to be satisfied belongs to the next life. Understood in this way, fasting not only permits us to govern our desire, purifying it and making it freer, but also to expand it, so that it is directed towards God and doing good.

However, in order to practice fasting in accordance with its evangelical character and avoid the temptation that leads to pride, it must be lived in faith and humility. It must be grounded in communion with the Lord, because “those who are unable to nourish themselves with the word of God do not fast properly.” As a visible sign of our inner commitment to turn away from sin and evil with the help of grace, fasting must also include other forms of self-denial aimed at helping us to acquire a more sober lifestyle, since “austerity alone makes the Christian life strong and authentic.” In this regard, I would like to invite you to a very practical and frequently unappreciated form of abstinence: that of refraining from words that offend and hurt our neighbour. Let us begin by disarming our language, avoiding harsh words and rash judgment, refraining from slander and speaking ill of those who are not present and cannot defend themselves. Instead, let us strive to measure our words and cultivate kindness and respect in our families, among our friends, at work, on social media, in political debates, in the media and in Christian communities. In this way, words of hatred will give way to words of hope and peace. **To be continued...**

Dawn Centre: A reminder that our annual spring fundraiser is coming up. Visit our website for more information and tickets. dawncentre.ca/spring-fundraiser or directly through Zeffy at www.zeffy.com/en-CA/ticketing/dawn-centre-annual-spring-fundraiser. We can also be reached at 519-620-0204.



This month we are collecting:
Canned meat and fish
School Supplies, Macaroni & Cheese, Iodized Salt, Shoes, Peanut Butter, Soap and Flour Thank you !!!

FORMED Pick of the Week

Subscribe for free at Formed.Org Enter “Saint Gregory the Great, Cambridge” to find our Parish, Enter your name & email.



Meatless Meals for Lent

Lenten Fridays invite simple, prayerful meals. Even simple meals become moments of grace when offered in prayer for others and for our own conversion of heart.

Easy Suggestions include :

Veggie pasta or mac and cheese; Tuna melts; Lentil or minestrone soup; Fish and chips; Salad bar Cheese or bean burritos; Chickpea curry; Tofu stir fry

The Carmelite Sisters: Special Events for 2026

Invitation to attend: at the Monastery.

Thursday March 19, @ 10:30am-Mass in honour of St Joseph

Sunday, July 12, @ 2.00 pm - Mass in honour of Our Lady of Mt Carmel

Thursday, October 1 -Holy Hour @ 6 pm, Mass @ 7 pm
Please notify the Sisters <http://www.thecarmel.ca> or 519.884.6700 to reserve a seat. Thank you for your continued support of the Carmelite Sisters.

The Catholic Youth Organization or C.Y.O. Is offering again this year the camp experience for children. Visit www.campbrebeuf.ca to find out more about the camp or to register. call 519-856-4671 for info. **flyer in the bulletin board (main entrance)**



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Saint Augustine
Bryan Cinti
Principal
519.740.3530

Secondary

Monsignor Doyle
Rich Stehlik,
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519.622.1290

