

Saint Gregory the Great Parish

A Catholic Community of Faith in Cambridge since 1967

4th Sunday in Ordinary Time

February 1, 2026



CONTACT

10 St Gregory's Drive
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Phone: 519-623-3111

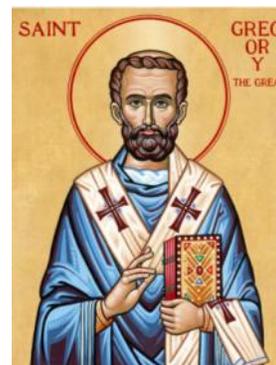
Fax: 519-622-5854

stgreg@rogers.com

pastor@saintgregoryparish.com

www.saintgregoryparish.com

www.hamiltondiocese.com



PASTORAL AND SUPPORT TEAM

Fr. Khalid Karomi

Deacon Neil Devereaux

ndevereaux@hamiltondiocese.com

Mrs. Maria Ditner, Administrative Assistant

Mr. Kevin Boulton, Custodian

MASS SCHEDULE

Lord's Day

Saturday @ 5:00 pm

Sundays @ 10:00 am

Weekdays

Tuesday @ 7:00 pm

Wednesday Thursday & Friday @ 8:15 am

DEVOTIONS

Adoration of the Blessed Sacrament

Tuesday—6:00pm—6:45 pm

Rosary

Sunday @ 9:30 am

Tuesday @ 6:20 pm

Saturday @ 4:30 pm

Divine Mercy Chaplet

Tuesday @ 6:00 pm

Blessing of Expectant Parents

Fourth Sunday of the month following Mass

SUBMISSIONS to the bulletin: TUESDAY AM

PARISH OFFICE HOURS

Monday: Closed

Tuesday — Friday: 8:30am—4:30pm

SACRAMENTS

Baptism: Please call to arrange the appropriate preparation at least two months in advance.

Reconciliation:

Saturdays 10:00 am — 10:30 am

Tuesdays 6:00 pm — 6:30 pm and by appointment.

First Holy Communion & Confirmation:

Please contact the Parish Office 519-623-3111

Marriage: Please contact the office at least one year in advance of expected date.

Holy Orders :

Contact Fr. Khalid Karomi at the Parish Office or contact Fr. Mark Morley at the Diocese at 905-528-7988

Anointing of the Sick:

Please contact the Parish Office 519-623-3111

When entering a hospital please register as a member of St. Gregory's Parish. When confined at home, contact the parish.

Visit us online www.saintgregoryparish.com

4th Sunday in Ordinary Time



Tuesday, February 3—Fr. Higgins
7:00 pm + Joan McGinnis
 + David Whitehead
 Int. Ale A. and family

Wednesday, February 4— NO MASS
8:15 am

Thursday, February 5—NO MASS
8:15 am

Friday, February 6—NO MASS
8:15 am

Saturday, February 7—Fr. Higgins
5:00 pm + Roque Avelar
 + Joan McGinnis
 + Olivia Monteiro
 + Tommaso, Deodata and Bruno Sicuro
 Int. of Fernanda Alves

Sunday, February 8—Fr. Higgins
10:00 am Int. of all Parishioners

Fr. Khalid will be on vacation from February 3rd to February 25th. We wish him a safe and joyous vacation.

Pray for our Priests and Religious

Monday	The Presentation of the Lord
Tuesday	Rev. Allen Varlaki
Wednesday	Missionaries
Thursday	Rev. Charles Jordan
Friday	Rev. Ken Miskiewicz
Saturday	Rev. Florian Stasinski, C.R.

THE CATECHETICAL CORRESPONDENCE PROGRAM

for the Diocese of Hamilton provides ongoing religious education programs for children in grades Kindergarten through to 12. These programs are available for any children who are enrolled in public, private or home school settings. To learn more about our programs and for registration, visit us here: <https://bit.ly/catechesiscourses>.

Sunday Offering

EFT weekly Collection.....	\$ 918.25
January 25	\$1,410.901
Thank you for your Generosity!	

The Diocesan Wedding Anniversary Mass

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, May 31, 2026 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under Upcoming Events on the home page at hamiltondiocese.com, or call Family Ministry Office 905-528-7988 ext. 2249.

As the universal Church responds to the Implementation Phase of the Synod on Synodality, we continue our commitment to increase our understanding of communion, participation, and mission as the Body of Christ.

The Office for Evangelization and Catechesis will be hosting a three-part series called, *“Speaking Synodality”* in both Hamilton and Guelph in the coming months. We invite all those involved in parish life who are interested in synodal principals to join these encounters of dialogue and formation.

To register go to <https://hamiltondiocese.com/events/2025/12/speaking-synodality>

St. Gregory prayer chain

As a faith community that recognizes God’s blessing in our lives we come together in prayer for the needs of our community and for our world.

Our prayer chain gives us the opportunity to pray in private and yet also as a united voice for those who may not have a voice.

For more information on how to be part of our prayer chain or if you would like your name or the name of a loved one added to our list please contact the office.

Pro-Life Prayer Vigil

Thursday, February 5, 2026 10:00am—11:00am
Opposite Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted.

All are welcome to pray quietly for those who have no voice, but our own!

Parking - across the road, Schneider Park.
Queries, contact Cathy: cmlamers@rogers.com

Book your 2026 MASSES and have a Mass said for a loved one or even just for you own intentions

February 1, 2026

Reflection: The first recipients of the Beatitudes are, in fact, the ‘poor in spirit’, an expression that indicates those who have their hearts and consciences directed intimately to Our Lord. They are the expression of the just who are tried by moments of suffering and difficulties. However, they are called ‘blessed’ and ‘happy’ because God’s merciful and compassionate gaze rests on them. These are the poor that the Bible text really refers to. The poor in the Bible are the humbled, the ‘anawim’, who bear a burden on their shoulders. They are given God’s favor and because of this the Word identifies them as just, meek and humble. All kinds of attitudes are included in the eight beatitudes. This way the true significance of the ‘just poor’ is revealed; the ones who don’t confide mainly in themselves but in God. The poor are those who detach themselves concretely and interiorly from the possession of persons and things and above all of themselves. The poor don’t find security in the gods of this world like success, power or pride but the true Lord God in Heaven.

Thus, the poor, meek and humble become a scandal before the world because they witness that one can bound our lives on God, with the same certainty of His constant presence and so they confirm the existence and works of God. Each one of us is invited to verify where our certainty rests and if our daily life and actions proclaim God’s efficacious presence in the world.

—From the Dicastery for the Clergy

Parenting Tip #175

Parents constantly undertake the task of correcting poor behaviour in their children. To help them grow to be good and capable adults, it is important they learn proper behaviours, etiquette and good manners; parents are the first and foremost educators of all of these. Instead of reprimanding when undesired behaviours arise, ask them how they should be acting, or what would be a better way to act? Take a moment to remind them that their Baptism calls them to follow a better way, undertaking the same actions that Jesus would, ways of caring, love and compassion. Relating their behaviours to their faith provides a guidepost for actions throughout their lives and a way to live fully their Baptism. (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)



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Couples For Christ - Christian Life Program

Sponsored by Couples for Christ and their Family Ministries

Open to all Christian married couples, singles, widows, widowers and those separated and divorced.

Topics include God’s Love, Who is Jesus Christ, Transformation in Christ.

Join us at St Francis of Assisi Parish Hall from January 29, 2026 to March 26, 2026 inclusive—519-745-7301
Thursday, January 29, 2026 - Fr Paul Voison CR -
God’s Love Agenda: Dinner at 6 PM, Program 7pm to 9 pm. Child Care: provided for children 12 years and under. There is no fee!

What kind of Catholic are you? A “Cafeteria Catholic” who picks and chooses

- which teaching to follow or one “united in the same mind and in the same purpose” to the Holy Father and the Magisterium of the Church.



**COFFEE FELLOWSHIP
after the weekend Masses**

On the occasion of Valentine’s Day / Family Day St. Behnam Parish is hosting a luncheon on Sunday, February 15th after the Mass at 1:30pm. This event will include a sumptuous lunch, music and entertainment.

All are invited to gather as one family in an atmosphere of love, joy and warmth.
Tickets \$30.00 for adults; \$20.00 for children.
available from the secretaries Carla and Maria



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To learn more about your Parish Knights of Columbus
Council#4916 contact Grand Knight Geroge Harris 519-621-3665 or Past Grand Knight Dan Schmalz 519-239-5003

Our Parish Schools

Elementary

Saint Gregory
Sherrie Rellinger
Principal
519-621-6770

Saint Augustine
Bryan Cinti
Principal
519.740.3530

Secondary

Monsignor Doyle
Rich Stehlik,
Principal,
519.622.1290

The Beatitude Life

- THE POOR IN SPIRIT** Embracing our need for God.
- THE MOURNERS** Experiencing God's comfort in our pain.
- THE MEEK** Choosing humble submissiveness over ambition and authority.
- THE HUNGRY FOR RIGHTEOUSNESS** Longing for God to make all things new.
- THE MERCIFUL** Extending God's incredible compassion and mercy.
- THE PURE IN HEART** Making our hearts fully God's, in all we think, say and do.
- THE PEACEMAKERS** Bringing healing, togetherness, and fullness to our world.
- THE PERSECUTED** Following Jesus no matter what the cost.