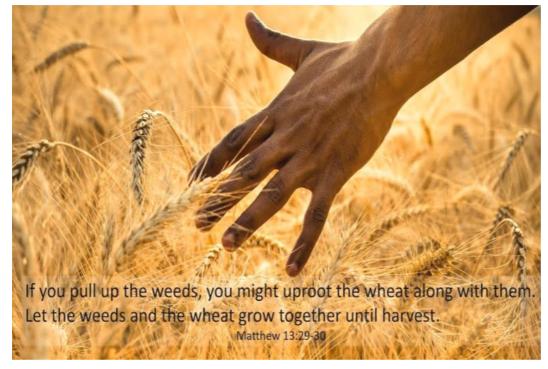
Saint Gregory the Great Parish

A Catholic Community of Faith in Cambridge since 1967 16th Sunday in Ordinary Time — July 23, 2023



PASTOR

Fr. Khalid Karomi

PASTORAL AND SUPPORT TEAM Mrs. Maria Ditner, Office Administrator

MASS SCHEDULE

Lord's Day Saturday @ 5:00 pm Sundays @ 10:00 am Weekdays Tuesday @ 7:00 pm Wednesday Thursday & Friday @ 8:15 am

DEVOTIONS

Adoration of the Blessed Sacrament Tuesday—6:00pm—6:45 pm

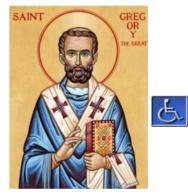
Rosary Sunday @ 9:30 am Tuesday @ 6:20 pm Saturday @ 4:30 pm Divine Mercy Chaplet Tuesday @ 6:00 pm

Blessing of Expectant Parents Fourth Sunday of the month following Mass

> SUBMISSIONS to the bulletin due TUESDAY AM

CONTACT

10 St Gregory's Drive Cambridge, ON NIS 3ZI Phone: 519-623-3111 Fax: 519-622-5854 stgreg@rogers.com pastor@saintgregoryparish.com www.saintgregoryparish.com www.hamiltondiocese.com



PARISH OFFICE HOURS

Monday: Closed Tuesday — Friday: 8:30am—4:00pm

SACRAMENTS

Baptism: Please call to arrange the appropriate preparation at least two months in advance.

Reconciliation:

Saturdays 10:00 am — 10:30 am Tuesdays 6:00 pm — 6:30 pm and by appointment.

First Holy Communion & Confirmation: Please contact the Parish Office 519-623-3111

Marriage: Please contact the office at least one year in advance of expected date.

Holy Orders : Contact Fr. Khalid Karomi at the Parish Office or contact Fr. Mike King at the Diocese at 905-528-7988

Anointing of the Sick: Please contact the Parish Office 519-623-3111

When entering a hospital please register as a member of St. Gregory's Parish. When confined at home, contact the parish.

St. Vincent De Paul Society - Voucher Program 519-622-2232

Sixteenth Sunday in Ordinary Time



Pray for our Priests and Religious

Monday	Rev. Lourdy Dorismond, O.M.I.		
Tuesday	Rev. Jarek Pachocki, O.M.I.		
Wednesday	St. Anne & St. Joachim, Parents of		
Blessed Virgin Mary			
Thursday	Rev. Hanh Van Tran, O.M.I.		
Friday	Rev. Adam Voisin		
Saturday	Sts. Martha, Mary & Lazarus Disciples		
	of the Lord		

Saturday, July 22th and July 23th after



Mass. ALL ARE WELCOME

to join and spend some time in fellowship. Coffee, Tea and Light Snacks



Sunday Offering

EFT weekly Collection...... \$ 515.00 July 16, 2023 \$1,165.00 Thank you for your Generosity!

PRAYER FOR THE THIRD WORLD DAY FOR GRANDPARENTS AND THE ELDERLY Sunday, July 23, 2023

Virgin Mary, Mother of faith and hope, an example for this humanity bent by indifference, make me as willing as You to accept the will of God, to magnify and praise His Mercy.

Mary, Mother of fortitude, you who knows my heart, do not allow me to become discouraged. I confidently surrender my life into your hands. Heal my wounds. May your tenderness accompany me on the way. Your presence, Mother of love, brings us to experience the joy of seeing our families united. Help me to transmit the tenderness and Love of God to the grandchildren and youth so that, in addition to praying for them, we can pray with them.

Mary, may the gift of the Holy Spirit intercede for me: sustain my weakness; breathe into my heart the consolation that I may leave traces of faith among the young, bearing witness to the beauty of life, knowing

that life has a limit and that beyond it lies before us our Father's embrace.



Canadian Food for Children Update:

Our parish "coins for Cans" yielded \$2,372.97. Thank you for your generosity. Your generosity will provide more than 9300 meals to hungry children in a Third World.

There is a constant need for: 1) non perishable food 2) clean flattened milk bags 3) returnable bottles & cans—even pop cans. (just drop them at 15 Westwood Court) Thank you to those who do this regularly.



<u>Plant Sale</u>: Rose Campion (Lambs Ear family) available outside the office door. Donation welcomed.

Camino Wellbeing + Mental Health

Our new unified organization is comprised of Carizon Family & Community Services, KW Counseling and Monica Place are now combined and called Camino Wellbeing + Mental Health.

Location: 400 Queen St. S., Kitchener 519-743– 6333 Supporting individuals, families and communities as they work to strengthen their wellbeing and mental health.

Love to be unknown-St. Philip Neri

July 23 2023

Does your life feel like it is running in three, or five, or twenty different directions at once? Are you in agony over a difficult decision or worried about a loved one? In these situations, and so many more, how do we find rest?

Saint Elizabeth of the Trinity can help. Born July 18, 1880, she was a French Carmelite nun who, by all external appearances, lived a quieter life than most of us. But through her vocation to a cloistered life of praver, God taught her-and us-how to recollect ourselves and keep our lives pointing toward Him, even amid difficulty, darkness, or chaos. "It seems to me," Elizabeth wrote, "that keeping one's strength for the Lord is to unify one's whole being through interior silence. It is to gather all our powers in order to put them solely toward the exercise of love." Love unifies us. In frantic, stressful, or sorrowful moments, we can remember that God is holding us in existence, and we can focus all our strength on loving him back. This gaze of love is not easy—but it helped her face life with greater freedom, peace, and zeal. Today, notice your desires and movements of the heart. When feelings like fear, anxiety, selfishness, or jealousy choke your ability to love God and others, stop and silently surrender them to God. Ask God to heal your heart until it is moved by only one thing:

love. In Christ, Daughters of St. Paul



St. Philomena Novena starting Aug 2 to Aug 10th

Let us begin, In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Faithful virgin and glorious martyr, St Philomena, who works so many miracles on behalf of the poor and

sorrowing – have pity on me. Thou knowest the multitude and diversity of my needs. Behold me at thy feet, full of misery, but full of hope. I entreat thy charity, O great Saint! Graciously hear me and obtain from God a favourable answer to the request which I now humbly lay before thee

(Mention your request here...)

I am firmly convinced that through thy merits, through the scorn, the sufferings, the death thou didst endure, united to the merits of the Passion and Death of Jesus, thy Spouse, I shall obtain what I ask of thee, and in the joy of my heart I will bless God, who is admirable in His Saints. Amen Say 1: Our Father... Say 1: Hail Mary... Say 1: Glory Be...

Cards can be found at both entrances of the church for you to take.



FORMED Pick of the Week

Go to http://formed.org Once on the home page it will ask you "how do you want to sign in" click on "Sign in as a Parishioner" it will take you to the next screen. Type in Saint Gregory the Great, Cambridge and choose us. The next screen type in your name and email and you are in.

<u>Sign up for the 5min. Daily reflection.</u>



Young Adults Night - Saturday August 5th at St. Mary of the Visitation 16 Cooper Street, Cambridge, ON - Fr. Mark Morley invites all young adults (ages 20s and early 30s) of our diocese to attend a night of Adoration, Fellowship and Praise Music. Arrival and Holy Hour (6:30pm-7:30 pm), Social with Food (7:30pm-8:30pm), Praise Night and Vocation Testimony (8:00pm-9:00pm), and Compline (9:00pm). Sponsored by the Vocations Office of the Diocese of Hamilton. Info. @ vocations@hamiltondiocese.com.



2,000 HAIL MARY'S Saturday, July 29th 2023 <u>Starting with Mass at 8:00am and</u> <u>Exposition of the Blessed Sacrament</u> The Hail Mary's will run the whole day

until the 2,000 have been prayed approx. 8:30pm During the 5:00pm Mass the reciting of the Hail Mary's will continue in the parish hall. Once Mass is completed the reciting of the Hail Mary's will return to the church.

Anyone (families, children, seniors) can join us for the whole day, half day, a couple of hours or whatever time works for you.

The Hail Mary's can be said in different languages The gathered prays this private devotion to Our Lady, asking her for any kind of favours, and trusting that God will grant them through our Lady's powerful intercession.

All are welcome to participate

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Our Parish Schools

Elementary

Saint Gregory

Bryan Cinti Principal 519-621-6770

Saint Augustine Angie Carroll-Boeyenga Principal 519.740.3530

Secondary

Monsignor Doyle Lou Bellini, Principal, 519.622.1290



World Day for Grandparents and the Elderly

"I am with you always" are the words that I, as Bishop of Rome and an elderly person like yourselves, would like to address to you on this first World Day of Grandparents and the Elderly: the whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!